

DAILY LUNCH MENU

WEEK ONE

CATERING
SERVICES

MENUS



Primary School
April / October
Term 2026

w/c 13 APR 4 MAY 1 JUN 22 JUN 13 JUL 21 SEP 12 OCT

MAIN COURSE

MONDAY

ITALIAN CHICKEN
OR
[V] ITALIAN
QUORN FILLET

TUESDAY

MEATBALL SUB
OR
[VE] VEGGIE
MEATBALL SUB

WEDNESDAY

ROAST CHICKEN
AND STUFFING
OR
[VE] QUORN ROAST
FILLET
AND [VE] STUFFING

THURSDAY

CHEESE PIZZA
OR
[V] CHEESE PIZZA

FRIDAY

SALMON FISH FINGERS
(TOMATO KETCHUP)
OR
[VE] OCEAN FRIENDLY
FINGERS
(TOMATO KETCHUP)

SIDES

[VE] Rice
[VE] Mediterranean
roasted vegetables

[VE] Sliced potato
[VE] Sweetcorn

[VE] New potatoes
[VE] Baby carrots
[VE] Broccoli [VE] Gravy

[VE] Tomato Pasta
[VE] Summer Salad

[VE] Chunky Chips
[VE] Baked beans/Peas

DESSERT

[VE] FRESH FRUIT OR
[V] YOGHURT OR
[V] Ice cream and fruit

[VE] FRESH FRUIT OR
[V] YOGHURT OR [V] Date
and coco brownie and [V] cream

[VE] FRESH FRUIT OR
[V] YOGHURT OR
[V] Oaty biscuit

[VE] FRESH FRUIT OR
[V] YOGHURT OR
[V] Crunchy chocolate mousse

[VE] FRESH FRUIT OR
[V] YOGHURT OR
[V] Jam love cake
and [V] custard

KEY

[V] Suitable for Vegetarians
[VE] Suitable for Vegans



EAST RIDING
OF YORKSHIRE COUNCIL

DAILY LUNCH MENU

WEEK TWO

CATERING
SERVICES

MENUS



Primary School
April/October
Term 2026

w/c 20 APR 11 MAY 8 JUN 29 JUN 7 SEP 28 SEP 19 OCT

MAIN COURSE

MONDAY

HAM AND CHEESE
CATHERINE WHEEL
OR
[V] CHEDDAR
CATHERINE WHEEL

TUESDAY

ITALIAN STYLE
BOLOGNAISE
OR
[V] ITALIAN STYLE
VEGETABLE
BOLOGNAISE

WEDNESDAY

SAUSAGE AND
YORKSHIRE PUDDING
OR
[VE] QUORN SAUSAGE
AND
[V] YORKSHIRE PUDDING

THURSDAY

HUNTERS CHICKEN
OR
[V] BBQ QUORN FILLET

FRIDAY

FISH BITES
(TOMATO KETCHUP)
OR
[VE] CRISPY RAINBOW
DIPPERS
(TOMATO KETCHUP)

SIDES

[VE] Oven baked wedges
[VE] Baked beans

[VE] Pasta & Bread roll
[VE] Country mixed vegetables

[V] Mashed potato
[VE] Baby Carrots
[VE] Broccoli

[VE] Rice
[VE] Vegetable stick

[VE] Chunky Chips
[VE] Garden peas

DESSERT

[VE] FRESH FRUIT OR
[V] YOGHURT OR
[V] Summer fruit yoghurt crunch

[VE] FRESH FRUIT OR
[V] YOGHURT OR
[V] Chocolate crunch and [V] custard

[VE] FRESH FRUIT OR
[V] YOGHURT OR
[V] Lemon cookie

[VE] FRESH FRUIT OR
[V] YOGHURT OR
[V] Chocolate tray bake

[VE] FRESH FRUIT OR
[V] YOGHURT OR
[VE] Flap jack
and [V] custard/Apple sauce

KEY

[V] Suitable for Vegetarians
[VE] Suitable for Vegans



EAST RIDING
OF YORKSHIRE COUNCIL

DAILY LUNCH MENU

WEEK THREE

CATERING
SERVICES

MENUS



Primary School
April / October
Term 2026

w/c 27 APR 18 MAY 15 JUN 6 JUL 14 SEP 5 OCT

MAIN COURSE

SIDES

DESSERT

MONDAY

HAM, CHEESE AND
TOMATO PASTA
OR
[V] CHEESE AND
TOMATO PASTA

Breadroll
[VE] Sweetcorn

[VE] FRESH FRUIT OR
[V] YOGHURT OR
[V] Raspberry cream shortcake

TUESDAY

ALL DAY BREAKFAST
OR
[V] ALL DAY BREAKFAST

[VE] Baked beans
[VE] Crispy sliced potato

[VE] FRESH FRUIT OR
[V] YOGHURT OR
[V] Sponge & Banana slices
and [V] custard

WEDNESDAY

ROAST CHICKEN
AND STUFFING
OR
[VE] QUORN ROAST
FILLET AND
[VE] STUFFING

[V] Mashed potato
[VE] Baby carrots
[VE] Broccoli [VE] Gravy

[VE] FRESH FRUIT OR
[V] YOGHURT OR
[V] Chocolate melting moment

THURSDAY

MILD CHILLI BEEF
QUESADILLA
OR
[V] MILD VEGETABLE
CHILLI QUESADILLA

[VE] Rice
[VE] Vegetable sticks

[VE] FRESH FRUIT OR
[V] YOGHURT OR
[VE] Peach puree and [V] icecream

FRIDAY

FISH FILLET
(TOMATO KETCHUP)
OR
[VE] OCEAN FRIENDLY
FINGERS
(TOMATO KETCHUP)

[VE] Chunky chips
[VE] Garden peas or

[VE] FRESH FRUIT OR
[V] YOGHURT OR
[V] Cornflake syrup tart
and [V] custard

KEY

[V] Suitable for Vegetarians
[VE] Suitable for Vegans



EAST RIDING
OF YORKSHIRE COUNCIL

WELCOME TO SCHOOL MEALS

In the East Riding we pride ourselves on the school meals we offer our children. It takes time to ensure your child gets a balanced diet, which we base on The School Food Standards. By using these standards, it is intended children develop healthy eating habits, which will ensure they get the energy and nutrition they need to learn and to grow.

Follow these tips to help maintain good health:

- eat lots more fruit and vegetables
- eat more fish – including a portion of oily fish every three weeks
- cut down on saturated fat and sugar
- try to eat less salt
- drink plenty of water.

Make a change today

Discover healthy recipes, food swaps and nutritional advice and top tips for activities.

Download the free NHS food scanner app today, a speedy scan of your family's favourite products reveals a range of healthier swaps.

The next time you shop it's as easy as scan, swipe and swap!

📱 nhs.uk/healthier-families

Holiday activities and food

For free fun holiday activities and a meal, please sign up to the newsletter at 📧 activeeastriding.co.uk/holiday-activities-and-food

Sessions are for children and young people eligible for free-school meals aged 5-16 years old.

Allergies and special diets

Full allergen information is available and special dietary requirements can be catered for; please contact your school for details. It may be necessary to change the menu without prior notice. Please note: Individual schools may offer an alternative choice to the meal options. Please contact your school for details.

GIVE SCHOOL MEALS A TRY

If you are interested in trying school meals, simply contact the main office at your child's school.



Is your child missing out?

If you feel or are unsure if your child is eligible for a free school meal you can contact the council's benefits section on ☎ (01482) 394799 or ask for an application form from your school secretary.

Comments

Should you require any further information, or would like to make comments on your child's school meal service, contact us as follows:

🌐 eastriding.gov.uk/schoolmeals

@ cateringservices@eastriding.gov.uk

☎ (01482) 395320

✉ East Riding of Yorkshire Council Catering Services
County Hall
Beverley
East Riding of Yorkshire
HU17 9BA



This information can be made available in other languages or formats if required. To request another format, please contact us via ☎ (01482) 395320 or @ cateringservices@eastriding.gov.uk